Milldene Primary School

AUTUMN 2 AFTER SCHOOL CLUB MENU

Day	Menu	Ingredient Information / Allergen Advice
Monday	Pasta with Tomato & Herb Sauce	Ingredients: Pasta - Rice Flour, White Maize Flour, Yellow Maize Flour, Emulsifier (Mono- and Diglycerides of Fatty Acids) Sauce - Tomato (46%), Tomato Purée (25%), Water, Cornflour, Onion, Sugar, Basil (1.5%), Salt, Garlic Purée, Concentrated Lemon Juice, Acidity Regulator (Citric Acid), Oregano, Black Pepper.
Tuesday	Beans or Spaghetti on Toast	Ingredients: Beans - Haricot Beans (44%), Tomato Purée (27%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Maltodextrin, Paprika Extract, Clove Extract, Capsicum Extract, Flavouring. **Spaghetti -** Pasta (46%) (Water, Durum **Wheat** Semolina), Tomato Purée (29%) (Water, Tomato Purée), Water, Sugar, Modified Maize Starch, Salt, Onion Powder, Acidity Regulator (Citric Acid), Paprika, Potato Flour, Colour (Paprika Extract), Sunflower Oil, Sage Extract, Basil Extract, Bay Extract, Capsicum Extract, Cinnamon Extract, Clove Extract, Coriander Extract, Garlic Extract, Ginger Extract, Marjoram, Nutmeg Extract, Thyme Extract, Onion Extract, Pepper Extract. **Toast** - Water, Rice Flour, Tapioca Starch, Thickeners: Cellulose, Hydroxypropyl Methyl Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Xanthan Gum, Potato Starch, Psyllium Husk Powder, Humectant: Glycerine, Yeast, Wholegrain Maize Flour, Rapeseed Oil, Rice Starch, Golden Syrup, Maize Starch, Salt, Spirit Vinegar, Preservatives: Sodium Propionate, Sorbic Acid.

Wednesday	Hot Dog Sausage in Rolls	**Ingredients:** **Hot Dogs -** 40% Poultry Mechanically Separated Meat (Turkey, Chicken), 33% Meat (Pork, Beef), Water, Poultry Fat with Skin (Turkey, Chicken), Iodized Salt (Salt, Potassium Iodate), **Soya** Protein, Spices, Spice Extracts (contains **Celery**), Sugar, Stabilisers (E451, E450, E331iii), **Milk** Protein, Antioxidant (E300), Preservative (E250), Beechwood Smoke **Rolls -** Water, Rice Flour, Tapioca Starch, Thickeners, Cellulose, Hydroxypropyl Methylcellulose, Carboxymethyl Cellulose, Yeast, Potato Starch, Wholegrain Maize Flour, Maize Starch, Psyllium Husk Powder, Rapeseed Oil, Sugar, Glycerine, Salt, Preservatives: Sodium Propionate, Sorbic Acid, Spirit Vinegar
Thursday	Chicken Soup or Tomato Soup	**Ingredients:** **Chicken -** Water, Chicken (5%), Modified Maize Starch, Rapeseed Oil, Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Chicken Fat, Double Cream (**Milk**), **Milk** Proteins, Potato Starch, Yeast Extract, Salt, Flavourings, Chicken Extract, Onion Powder, Garlic Powder, White Pepper, Colours (Algal Carotenes, Paprika Extract), Sugar, Lemon Juice, Glucose Syrup, Sage, Garlic Extract. **Tomato -** Tomato Purée (91%), Sugar, Rapeseed Oil, Modified Maize Starch, Salt, Dried Skimmed **Milk**, Double Cream (**Milk**), Acidity Regulator (Citric Acid), Paprika, Flavourings, Basil Extract.

Please speak to a member of staff regarding allergens and dietary requirements.